

ClearKone[®]

contact lenses for keratoconus



Lens Handling and Care

What to expect:

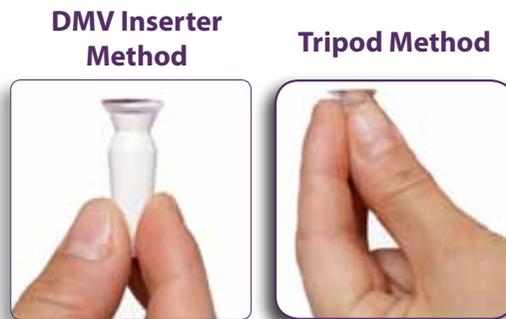
ClearKone™ hybrid contact lenses will give you consistently clear vision throughout the day while also eliminating the discomfort, dislodge and debris issues associated with rigid lenses. You should expect a brief period of adaptation to become fully accustomed to the lenses. Your eye care practitioner can explain what you should expect and how to gradually build up wear time so that you may enjoy unparalleled vision and comfort with ClearKone.

How to insert your lenses:

There is more than one way to insert your lenses. We recommend you pick the method that works best for you..

Always wash your hands with a mild soap and dry them well before handling your lenses. So you don't get your lenses mixed up, it's a good idea to handle them in the same order each time.

- Place the lens on the inserter OR stabilize the lens on three fingers (see photo) by pinching together your thumb, pointer and middle fingers to support the lens.
- Fill the bowl of the lens completely with preservative-free saline. SynergEyes recommends using only preservative-free solutions with your ClearKone lenses.



TOP INSERTION TIPS:

- Fill the lens bowl up completely to avoid bubbles, that may make the lens uncomfortable and produce irregular peripheral vision.
- Gently place the lens on the eye. As you lift the lens to the eye, the lens will displace saline and will gently settle on the surface of the eye. If the lens is pushed onto the eye, you may experience discomfort and lens fogging.

How to insert your lenses:



1



2



3

1. Lean forward and look down at the floor. Sometimes it's helpful to place a mirror flat on the counter to look into as you insert the lens.
2. Pull up on your upper lid with one hand by placing the fingers at the base of the lashes.
3. Put your palm facing up. Put the inserter between your thumb and pointer finger. Pull down on your lower lid using a finger on the hand holding the inserter, and gently place the lens on the eye. It is very important not to push the lens too forcefully onto the eye.

How to remove your lenses:



1



2



3

1. Using one hand, pull your upper lid back.
2. Using your finger on the opposite hand, pull down your lower lid gently.
3. Pinch the bottom of the soft skirt at the 6 o'clock position. (The pinch should be similar to removing a piece of lint). Apply a firm enough pinch to cause the bottom edge of the lens to buckle. This allows air to get beneath the soft skirt to release the lens from the surface of the eye.
4. Slowly pull the lens away from your eye. Remember to dry your hands before removing the next lens.
5. Put the lens in your clean case or directly into the ClearCare disinfecting case.

TOP REMOVAL TIPS:

- Dry fingers
- Hold eye open
- Narrow pinch

How to Clean Your Lenses:



Be sure to clean your ClearKone® lenses each day prior to overnight storage.

1. Place the lens bowl-side up in the palm of your hand. Rinse your lenses with solution. Use preservative-free saline solution such as Unisol® 4. **Never rinse or store your lenses with tap water.**
2. With the pad of your ring finger gently rub the entire lens back-and-forth against the palm of your hand. Be sure to thoroughly clean the entire lens and then rinse it well with a steady stream of saline.
3. For disinfection, use either Clear Care® or Oxysept® Ultracare® Formula Peroxide Disinfection System. Carefully follow the instructions for the specific disinfection system you use.
4. Use only the case provided with the ClearCare® or Oxysept® disinfection systems. Be sure to use the appropriate neutralizing disc or tablet and soak the lenses for a minimum of 6 hours before inserting again.

TOP COMFORT TIPS:

- If your lenses are not comfortable during the day, take them out and re-insert them more gently. Inserting a lens with too much force may cause discomfort.
- If your eyes feel dry during the day, some doctors recommend a lubricating drop.
- Try not to rub your eyes during the day.

It is important that you always follow your eye care professional's instructions. Based on your individual needs, your eye care professional may recommend additional products or procedures.

For more information on ClearKone and to view wear & care videos visit: www.TreatKeratoconus.com